

Gesamtergebnisliste

| AK | Ges | MW | Stnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------------------------|-----|-----|-------|-----------------------|--------|-------|-----------------------------|---------|
| 10 Kilometerlauf | | | | | | | | |
| Seniorinnen W30 | | | | | | | | |
| 1. | 26. | 5. | 619 | Niewiarowski, Lydia | 1972 | w | Bremen | 0:58:05 |
| Seniorinnen W40 | | | | | | | | |
| 1. | 11. | 1. | 628 | Welp, Angela | 1960 | w | LC Hansa Stuhr | 0:48:44 |
| 2. | 14. | 2. | 642 | Haake, Karin | 1964 | w | TSV Lemke | 0:49:45 |
| 3. | 19. | 3. | 615 | Müller, Heike | 1967 | w | Engeln | 0:53:17 |
| 4. | 32. | 7. | 624 | Uffenbrink, Corinna | 1967 | w | Tus Wagenfeld | 1:00:21 |
| 5. | 38. | 10. | 603 | Ilgner, Martina | 1968 | w | Holtorfer SV | 1:05:06 |
| 6. | 39. | 11. | 606 | Weiß, Ulrike | 1963 | w | Blockwinkel | 1:05:24 |
| Seniorinnen W50 | | | | | | | | |
| 1. | 23. | 4. | 622 | Dreessen, Margret | 1951 | w | TuS Sulingen | 0:56:06 |
| 2. | 29. | 6. | 630 | Schlemmermeyer, Karin | 1955 | w | LT Liebenau | 0:58:44 |
| 3. | 33. | 8. | 631 | Sommer, Ulrike | 1958 | w | LT Liebenau | 1:01:50 |
| 4. | 37. | 9. | 632 | Felkel, Eva | 1954 | w | LT Liebenau | 1:04:06 |
| Seniorinnen W70 | | | | | | | | |
| 1. | 40. | 12. | 601 | Kauffeld, Ursula | 1937 | w | Holtorfer SV | 1:09:53 |
| M LM 20 | | | | | | | | |
| 1. | 2. | 2. | 636 | Meinking, Matthias | 1981 | m | Team Harbraken | 0:41:07 |
| 2. | 15. | 13. | 610 | Fitzner, Thomas | 1981 | m | Weyhe | 0:50:55 |
| Senioren M30 | | | | | | | | |
| 1. | 1. | 1. | 626 | Schuster, Markus | 1978 | m | SSV Rodewald | 0:38:57 |
| 2. | 6. | 6. | 623 | Scheper, Bernd | 1972 | m | Hausstette | 0:43:55 |
| 3. | 12. | 11. | 620 | Groth, Kay-Uwe | 1972 | m | Sulingen | 0:49:26 |
| 4. | 16. | 14. | 611 | Heuermann, Timo | 1979 | m | Weyhe | 0:50:55 |
| 5. | 20. | 17. | 616 | Kattusch, Jens | 1973 | m | Rennschnecken 06 - Hannover | 0:53:24 |
| 6. | 24. | 20. | 605 | Mosig, Jens | 1971 | m | Linsburg | 0:56:48 |
| 7. | 34. | 26. | 614 | Finke, Matthias | 1971 | m | Maasen | 1:02:09 |
| 8. | 35. | 27. | 608 | Neubert, Falk | 1971 | m | VC Nienburg | 1:03:02 |
| Senioren M40 | | | | | | | | |
| 1. | 3. | 3. | 607 | Dachs, Manfred | 1966 | m | VC Nienburg | 0:42:40 |
| 2. | 4. | 4. | 634 | Homann, Karsten | 1968 | m | SC Haßbergen | 0:43:38 |
| 3. | 5. | 5. | 627 | Schliefkowitz, Frank | 1968 | m | Ardestorf | 0:43:46 |
| 4. | 8. | 8. | 602 | Fredersdorf, Joachim | 1961 | m | Holtorfer SV | 0:44:37 |
| 5. | 9. | 9. | 635 | Harbraken, Jos | 1960 | m | Team Harbraken | 0:46:23 |
| 6. | 13. | 12. | 604 | Oelke, Christoph | 1966 | m | Sulingen | 0:49:37 |
| 7. | 25. | 21. | 638 | Klausing, Matthias | 1960 | m | LT Bruchhausen Vilsen | 0:57:14 |
| 8. | 27. | 22. | 617 | Triebel, Michael | 1967 | m | Rennschnecken 06 - Hannover | 0:58:09 |
| 9. | 28. | 23. | 641 | Bartsch, Martin | 1965 | m | TuS Sulingen | 0:58:23 |
| 10. | 31. | 25. | 600 | Hippenstiel, Mario | 1968 | m | TuS Sulingen | 1:00:10 |
| 11. | 36. | 28. | 633 | Wege, Dr. Thomas | 1966 | m | Sulingen | 1:03:44 |
| Senioren M50 | | | | | | | | |
| 1. | 7. | 7. | 609 | Daniels, Johannes | 1951 | m | SG Diepholz | 0:44:01 |
| 2. | 17. | 15. | 618 | Plenge, Ulrich | 1958 | m | Hannover | 0:52:29 |

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| 3. | 18. | 16. | 637 | Döhrmann, Jürgen | 1957 | m | Halle/Saale | 0:52:39 |
| 4. | 21. | 18. | 640 | Michaelis, Dieter | 1953 | m | Laufftreff Vilsen | 0:54:31 |
| 5. | 30. | 24. | 621 | Heuermann, Günther | 1954 | m | TuS Sulingen | 0:58:44 |

Senioren M60

| | | | | | | | | |
|----|-----|-----|-----|--------------------|------|---|-----------------------|---------|
| 1. | 10. | 10. | 629 | Kröbel, Erich | 1949 | m | TSV Lemke | 0:46:32 |
| 2. | 22. | 19. | 613 | Peetz, Peter | 1942 | m | LT Liebenau | 0:55:31 |
| 3. | 41. | 29. | 639 | Schierholz, Werner | 1941 | m | TV Bruchhausen Vilsen | 1:12:03 |
| 4. | 42. | 30. | 625 | Schmidt, Helmut | 1941 | m | Sulingen | 1:12:58 |

10 km Walking

M

| | | | | | | | | |
|----|----|----|------|------------------|------|---|------------------------|------------|
| 1. | 1. | 1. | 1065 | Grünefeld, Fritz | 1933 | m | Delmelauf Twistringern | 1:21:50,45 |
| 2. | 3. | 2. | 1066 | Leske, Ralf | 1951 | m | Ralle und Kira | 1:25:26,45 |

| | | | | | | | | |
|----|----|----|------|----------------|--|---|-----------------|------------|
| 1. | 2. | 1. | 1058 | Zerbel, Ingrid | | w | Achim - Bierden | 1:22:35,89 |
|----|----|----|------|----------------|--|---|-----------------|------------|

| | | | | | | | | |
|----|----|----|------|----------------|--|---|-----------------|------------|
| 1. | 4. | 3. | 1059 | Zerbel, Werner | | m | Achim - Bierden | 1:26:38,31 |
|----|----|----|------|----------------|--|---|-----------------|------------|

10 Meilen

MLW 30

| | | | | | | | | |
|----|----|----|-----|----------------|------|---|---------|---------|
| 1. | 5. | 1. | 722 | Krinke, Nicole | 1978 | w | JG Oyle | 1:07:09 |
|----|----|----|-----|----------------|------|---|---------|---------|

MLW 40

| | | | | | | | | |
|----|-----|----|-----|-----------------|------|---|-------------|---------|
| 1. | 18. | 2. | 799 | Stubbemann, Ute | 1960 | w | Schwaförden | 1:21:25 |
|----|-----|----|-----|-----------------|------|---|-------------|---------|

MLW 50

| | | | | | | | | |
|----|-----|----|-----|----------------------|------|---|--------------|---------|
| 1. | 26. | 4. | 798 | Geisler, Marita | 1955 | w | Neuenkirchen | 1:30:22 |
| 2. | 27. | 5. | 778 | Fadenholz, Elisabeth | 1953 | w | Siedenburg | 1:36:56 |

MLW 60

| | | | | | | | | |
|----|-----|----|-----|------------------|------|---|----------------|---------|
| 1. | 23. | 3. | 786 | Fuchs, Christine | 1940 | w | LG Bremen Nord | 1:27:23 |
|----|-----|----|-----|------------------|------|---|----------------|---------|

MLM 20

| | | | | | | | | |
|----|-----|-----|-----|----------------|------|---|-------------------|---------|
| 1. | 10. | 9. | 791 | Böhm, Philipp | 1984 | m | TuS Sulingen-Judo | 1:14:25 |
| 2. | 11. | 10. | 782 | Kubannek, Arne | 1991 | m | Mellinghausen | 1:14:55 |

MLM 40

| | | | | | | | | |
|-----|-----|-----|-----|--------------------|------|---|-----------------------|---------|
| 1. | 1. | 1. | 789 | Schlieter, Arno | 1964 | m | SSV Rodewald | 1:01:38 |
| 2. | 2. | 2. | 775 | Bleich, Peter | 1962 | m | JG Oyle | 1:04:25 |
| 3. | 3. | 3. | 796 | Ferreira, José | 1963 | m | JG Oyle | 1:04:32 |
| 4. | 4. | 4. | 790 | Uffenbrink, Ralf | 1966 | m | Tus Wagenfeld | 1:06:45 |
| 5. | 7. | 6. | 777 | Päth, Thomas | 1967 | m | RW Estorf Leeseringen | 1:11:32 |
| 6. | 8. | 7. | 793 | Köhler, Klaus | 1962 | m | DTV 1856 Delmenhorst | 1:12:39 |
| 7. | 12. | 11. | 794 | Franke, Uwe | 1961 | m | SG Diepholz | 1:17:03 |
| 8. | 13. | 12. | 771 | Dießelberg, Martin | 1966 | m | SV Blockwinkel | 1:17:25 |
| 9. | 15. | 14. | 773 | Wehrenberg, Jens | 1968 | m | Pennigsehl | 1:18:04 |
| 10. | 16. | 15. | 776 | Hillmann, Frank | 1969 | m | RW Estorf Leeseringen | 1:20:16 |
| 11. | 17. | 16. | 781 | Markmann, Thomas | 1962 | m | Steyerberg | 1:21:05 |
| 12. | 20. | 18. | 792 | Männl, Ralf | 1966 | m | Nienburg | 1:22:54 |
| 13. | 22. | 20. | 780 | Berg, Peter | 1963 | m | Sulingen | 1:25:56 |

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| MLM 50 | | | | | | | | |
| 1. | 6. | 5. | 785 | Büngel, Günter | 1951 | m | TSV Lemke | 1:10:23 |
| 2. | 9. | 8. | 784 | Müller, Ernst | 1951 | m | JG Oyle | 1:13:40 |
| 3. | 19. | 17. | 783 | Kubannek, Gerhard | 1953 | m | Minden | 1:22:28 |
| 4. | 21. | 19. | 788 | Zimmermann, Ulrich | 1959 | m | SG-Stern Bremen | 1:25:12 |
| 5. | 24. | 21. | 779 | Fadenholz, Gernot | 1955 | m | Siedenburg | 1:27:34 |
| 6. | 25. | 22. | 797 | Martins, Peter | 1958 | m | TuS Sulingen | 1:28:51 |
| MLM 60 | | | | | | | | |
| 1. | 14. | 13. | 774 | Göbbert, Hans-Hermann | 1949 | m | JG Oyle | 1:17:36 |
| MLM 70 | | | | | | | | |
| 1. | 28. | 23. | 787 | Cattau, Friedrich | 1935 | m | Laufftreff Sulingen | 1:48:27 |
| 5 Km Jogging | | | | | | | | |
| W | | | | | | | | |
| 1. | 11. | 1. | 577 | Haskamp, Ulrike | 1966 | w | LG Weserbergland | 0:20:44,87 |
| 2. | 16. | 2. | 599 | Laudan, Gabriele | 1960 | w | TSV Worpswede | 0:22:29,64 |
| 3. | 17. | 3. | 576 | Priebe, Miriam Lucy | 1984 | w | LG Weserbergland | 0:22:54,12 |
| 4. | 20. | 4. | 573 | Wöhlke, Bianca | 1974 | w | Nienburg | 0:25:13,54 |
| 5. | 25. | 5. | 598 | Brähmer, Christine | 1964 | w | Marathon Bremen | 0:30:15,31 |
| 6. | 26. | 6. | 566 | Ask, Eija | 1977 | w | Bassum | 0:30:37,50 |
| 7. | 27. | 7. | 591 | Schlegel, Ina | 1988 | w | TuS Sulingen-Judo | 0:30:49,62 |
| 8. | 28. | 8. | 581 | Mau, Sonja | 1947 | w | Bad Dürrhein | 0:31:02,43 |
| 9. | 32. | 9. | 569 | Grünefeld, Gisela | 1938 | w | TV Stuhr | 0:40:06,92 |
| M | | | | | | | | |
| 1. | 1. | 1. | 578 | Priebe, Philip | 1976 | m | LG Weserbergland | 0:16:26,73 |
| 2. | 2. | 2. | 575 | Meyer, Gerrit | 1986 | m | MTV Barnstorf | 0:17:01,46 |
| 3. | 3. | 3. | 555 | Ellerbuch, Henner | 1987 | m | MTV Schweringen | 0:17:04,73 |
| 4. | 4. | 4. | 579 | Osten, Andreas | 1970 | m | SSV Rodewald | 0:17:08,79 |
| 5. | 5. | 5. | 570 | Wieking, Klaus | 1964 | m | TuS Steyerberg | 0:19:06,28 |
| 6. | 6. | 6. | 574 | Keller, Bernhard | 1954 | m | MTV Barnstorf | 0:19:48,04 |
| 7. | 7. | 7. | 564 | Hocke, Wilfried | 1964 | m | TSV Asendorf | 0:19:55,65 |
| 8. | 8. | 8. | 558 | Preuss, Uli | 1954 | m | Löhe Läufer Sulingen | 0:20:05,56 |
| 9. | 9. | 9. | 597 | Franke, Julian | 1987 | m | SG Diepholz | 0:20:12,25 |
| 10. | 10. | 10. | 588 | Becker, Malte | 1986 | m | TuS Sulingen | 0:20:40,93 |
| 11. | 12. | 11. | 584 | Grass, Björn | 1961 | m | Insel-Laufreisen | 0:21:07,79 |
| 12. | 13. | 12. | 553 | Schneider, Julian Fritz | 1987 | m | Sebbenhausen | 0:21:14,92 |
| 13. | 14. | 13. | 565 | Dumke, Tim | 1979 | m | Lauffreunde Bramstedt | 0:21:21,81 |
| 14. | 15. | 14. | 572 | Hannig, Matthias | 1963 | m | Nienburg | 0:21:30,03 |
| 15. | 18. | 15. | 585 | Stoll, Matthias | 1976 | m | TuS Sulingen | 0:23:31,79 |
| 16. | 19. | 16. | 562 | Wendland, Matthias | 1966 | m | Sulingen | 0:23:54,34 |
| 17. | 21. | 17. | 594 | Kynast, Dieter | 1962 | m | TuS Sulingen-Judo | 0:26:03,28 |
| 18. | 22. | 18. | 586 | Hische, Klaus | 1975 | m | | 0:26:32,15 |
| 19. | 23. | 19. | 593 | Paesler, Rolf | 1958 | m | TuS Sulingen-Judo | 0:28:19,59 |
| 20. | 24. | 20. | 590 | Homeyer, Dennis | 1961 | m | Bassum-Neubruchhausen | 0:28:22,68 |
| 21. | 29. | 21. | 556 | Wittmershaus, Werner | 1943 | m | | 0:31:04,37 |
| 22. | 30. | 22. | 583 | Mau, Norbert | 1944 | m | Bad Dürrhein | 0:32:05,95 |
| 23. | 31. | 23. | 557 | Hadler, Jürgen | 1950 | m | TuS Sulingen | 0:32:54,31 |

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| 5 Km Jugend | | | | | | | | |
| Jugend B w | | | | | | | | |
| 1. | 10. | 2. | 595 | Müller, Lorena | 1992 | w | TuS Sulingen-Judo | 0:28:40,12 |
| Schü-in A W 15 | | | | | | | | |
| 1. | 8. | 1. | 560 | Bleich, Verena | 1994 | w | RSV Alpheide | 0:24:16,62 |
| 2. | 11. | 3. | 582 | Lucke, Soleil | 1999 | w | Merdingen | 0:31:01,98 |
| Jugend A m | | | | | | | | |
| 1. | 1. | 1. | 596 | Franke, Sebastian | 1991 | m | SG Diepholz | 0:16:58,84 |
| 2. | 2. | 2. | 561 | Franke, Dominik | 1990 | m | SG Diepholz | 0:18:26,89 |
| Jugend B m | | | | | | | | |
| 1. | 3. | 3. | 571 | Wiekling, Nico | 1992 | m | TuS Steyerberg | 0:18:32,84 |
| 2. | 4. | 4. | 554 | Wehland, Tjerk | 1992 | m | MTV Schweringen | 0:18:54,12 |
| 3. | 7. | 7. | 592 | Müller, Jens | 1993 | m | TuS Sulingen-Judo | 0:22:07,79 |
| Schü A M 15 | | | | | | | | |
| 1. | 5. | 5. | 559 | Bleich, Mirko | 1998 | m | SCB Langendamm | 0:20:33,54 |
| 2. | 6. | 6. | 568 | Wege, Lion | 1996 | m | TuS Sulingen | 0:20:43,92 |
| 3. | 9. | 8. | 567 | Quante, Lukas | 1995 | m | TuS Sulingen | 0:26:30,31 |
| 4. | 12. | 9. | 580 | Lucke, Chrischan | 1997 | m | Merdingen | 0:32:05,68 |
| 5 km Walking | | | | | | | | |
| M | | | | | | | | |
| 1. | 1. | 1. | 1064 | Ulber, Heiko | 1969 | m | TuS Sulingen | 0:40:17,70 |
| 2. | 2. | 2. | 1069 | Zahud, Hartmut | 1953 | m | MTV Schweringen | 0:42:32,89 |
| 1. | 3. | 1. | 1062 | Mennecke, Nathalie | | w | Schwaförden | 0:46:58,43 |
| 2. | 4. | 2. | 1061 | Hatesohl, Christina | | w | Schwaförden | 0:47:00,46 |
| 3. | 5. | 3. | 1063 | Radzei, Stefanie | | w | Schwaförden | 0:47:01,09 |
| 800 M Schülerlauf | | | | | | | | |
| Schü-in D | | | | | | | | |
| 1. | 11. | 4. | 30 | Meyer, Esther | 2000 | w | TuS Sulingen | 0:03:33,32 |
| Schü-in C | | | | | | | | |
| 1. | 8. | 2. | 42 | Groth, Lisa - Sophie | 1999 | w | TuS Sulingen | 0:03:20,53 |
| 2. | 10. | 3. | 56 | Imkenberg, Alina | 1999 | w | GS Barenburg | 0:03:32,60 |
| Schü-in B | | | | | | | | |
| 1. | 2. | 1. | 41 | Böttcher, Antonie | 1997 | w | TuS Sulingen | 0:02:38,32 |
| Schü D | | | | | | | | |
| 1. | 3. | 2. | 33 | Hain, Johannes | 2000 | m | TuS Sulingen | 0:02:48,56 |
| 2. | 9. | 7. | 58 | Kahlmann, Simon-Moritz | 2000 | m | GS Barenburg | 0:03:22,48 |
| 3. | 12. | 8. | 25 | Fredersdorf, Felix | 2001 | m | Holtorfer SV | 0:03:38,26 |
| 4. | 13. | 9. | 59 | Wendland, Felix | 2001 | m | TuS Sulingen | 0:03:45,45 |
| 5. | 14. | 10. | 57 | Mohrmann, Finn-Mathis | 2000 | m | GS Barenburg | 0:03:52,48 |

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| Schü C | | | | | | | | |
| 1. | 4. | 3. | 37 | Wintermeier, Thore | 1999 | m | | 0:02:56,57 |
| 2. | 6. | 5. | 36 | Oelke, Tim - Bjarne | 1999 | m | TuS Sulingen | 0:03:12,25 |
| 3. | 7. | 6. | 563 | Wendland, Lukas | 1999 | m | TuS Sulingen | 0:03:14,84 |
| Schü B | | | | | | | | |
| 1. | 1. | 1. | 60 | Behrmann, Jannis | 1997 | m | MTV Bücken | 0:02:33,32 |
| 2. | 5. | 4. | 61 | Ahlers, Gerrit | 1996 | m | MTV Bücken | 0:03:09,89 |
| Schü E | | | | | | | | |
| 1. | 15. | 11. | 62 | Meyer, Justus | 2002 | m | TuS Sulingen | 0:03:54,14 |
| 2. | 17. | 12. | 26 | Bieder, Jannis | 2002 | m | FC Sulingen | 0:04:30,68 |
| 1. | 16. | 1. | 24 | Langhorst, Tsianina | 2002 | | Schule Halmer Weg | 0:04:14,79 |

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